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Morphological and ultrastructural analysis of sheep primordial follicles preserved in 0.9% saline solution and TCM 199

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Abstract

The objective was to determine the morphological and ultrastructural features of sheep primordial follicles preserved in either 0.9% saline solution or TCM 199 at different temperatures. Soon after death, the ovarian pair of each ewe (n=5) was divided into 25 fragments. One fragment was immediately fixed for morphological evaluation (control). The other 24 fragments were randomly distributed in tubes containing 2 ml of 0.9% saline solution or TCM 199 and maintained at 4, 20 or 39 °C for 2, 4, 12, or 24 h. Based on histological assessment, storage of ovarian fragments in 0.9% saline solution at 20 °C for up to 24 h and in both solutions at 39 °C for 4, 12 or 24 h increased (P<0.01) the percentage of degenerate primordial follicles compared with controls. In contrast, preservation at 4 °C in both solutions, kept the percentage of morphologically normal primordial follicles similar to control values. Although histological integrity of primordial follicles was maintained in fragments stored at 20 °C for up to 24 h in TCM 199, these results were not confirmed by ultrastructural analysis. Based on transmission electron microscopy, only primordial follicles stored at 4 °C for up to 24 h, at 20 °C for up to 12 h and at 39 °C for up to 2 h in both solutions were ultrastructurally normal. In conclusion, sheep primordial follicles were successfully preserved at 4 °C for up to 24 h, at 20 °C for up to 12 h and at 39 °C for 2 h in 0.9% saline solution or TCM 199.

Keywords: Sheep; Primordial follicle; Preservation; Morphology; Ultrastructural

1. Introduction

The mammalian ovary contains a follicular reserve that is determined before birth and cannot be replenished. This reserve contains thousands of primordial follicles, corresponding to 95% of the preantral follicle population [1]. Since the vast majority of primordial follicles become atretic during growth and maturation in vivo, these follicles provide a valuable source for studies on in vitro development of oocytes and in vitro production of embryos [2]. Biotechnologies developed for isolation [3], [4] and [5], cryopreservation [6] and culture [7] of

preantral follicles strive to prevent follicular atresia by rescuing preantral follicles from ovaries and by maturing these follicles during in vitro culture.

Since oocytes enclosed in primordial follicles are small and less metabolically active, they may be more tolerant to the preservation process than metaphase II oocytes [8]. Preservation of primordial follicles requires not only the survival of oocyte and granulosa cells, but also maintenance of gap junctions and metabolic cooperation that are essential for oocyte growth and development [9]. In addition, maintenance of follicular quality after preservation is extremely important and should be investigated, because structural or ultrastructural damages can significantly affect further in vitro growth and maturation of oocytes within primordial follicles [10]. Some authors have emphasized the importance of ultrastructural evaluation after in vitro preservation of preantral follicles, since histologically normal follicles may have degenerative changes detected only with electron microscopy [11] and [12].

Recently, some studies have demonstrated that the quality of the oocytes enclosed in preantral follicles depends on the preservation medium, temperature and incubation time during ovary transportation from the field to the laboratory. Saline solution (0.9%) is largely cited as a short-duration preservation medium for ovaries (cattle [13]; goat [14]) and for preservation of goat [12] and sheep [15] preantral follicles in situ. However, TCM 199 has been successfully used in the preservation of goat [16] and sheep [17] preantral follicles. Carvalho et al. [12] showed that after preservation in Braun–Collins and 0.9% saline solutions, the degeneration rate of goat secondary follicles was higher than that observed in primordial follicles. However, studies performed in sheep indicated only the overall incidence of follicular degeneration after preservation, considering all classes of preantral follicles (primordial, primary and secondary follicles). In these studies, a high rate of follicular degeneration was observed after storage at 39 °C for all incubation periods (even for 4 h). On the other hand, the effect of 0.9% saline solution and TCM 199 for a shorter incubation period (e.g. 2 h), was not investigated. In addition, ultrastructural analysis of sheep primordial follicles preserved in vitro has not been reported.

The objectives of the present study were to evaluate the effect of 0.9% saline solution and TCM 199 on the preservation of sheep primordial follicles, at different temperatures and incubation times, and to investigate the histologic and ultrastructural morphology of the preserved primordial follicles.

2. Materials and methods

2.1. Source of ovaries

Ovaries (n=10) from five adult non-pregnant mixed-breed ewes were collected at a local abbatoir. The animals were cycling and in good body condition. Under aseptic conditions, the ovaries were stripped of surrounding fat tissue and ligaments, washed once in a 70% alcohol solution, and then twice in 0.9% saline solution.

2.2. Media

The media used were: (1) sterile 0.9% saline solution (0.9% NaCl; osmolarity 300 mOsmol/l; pH 7.2) and (2) TCM 199 (osmolarity 280 mOsmol/l; pH7.2; Cultilab, SP, Brazil).

2.3. Experimental protocol

At the abbatoir, the pair of ovaries from each animal was divided into 25 fragments (25 pieces from both ovaries combined). For control purposes (control, treatment 1, time 0), a small piece of a randomly selected ovarian fragment was removed for transmission electron microscopy (TEM) with the remainder immediately fixed in Carnoy for histological examination. The other 24 fragments were randomly distributed into 15 ml tubes (Corning Glass Works, Corning, NY, USA) containing 2 ml of 0.9% saline solution or TCM 199 at 4, 20 or 39 °C and stored for 2, 4, 12, or 24 h (treatments 2–25) as shown in Fig. 1. The temperatures were maintained using thermoflasks filled with water at 4, 20 or 39 °C and were monitored at the beginning and at the end of the treatments. Each treatment was repeated five times.



Fig. 1. General experimental protocol for preservation of ovine primordial follicles.

2.4. Light microscopy

To evaluate the morphology of ovine primordial follicles, at the end of each treatment, ovarian fragments were processed as follows. Following the removal of a small piece from each fragment for TEM, the remainder was fixed individually in Carnoy for 12 h. Then, they were dehydrated in a graded series of ethanol, clarified with xylene and embedded in paraffin wax. Sections 7 μ m thick were stained by a standard protocol using periodic acid schiff (PAS)– hematoxilyn and examined by light microscopy (Zeiss, Germany) under 400× magnification. To avoid counting a follicle more than once, a primordial follicles was counted only in a sections where the oocyte nucleus was visible.

Follicular morphology was evaluated based on the integrity of the basement membrane, cellular density, presence or absence of pycnotic bodies, and oocyte integrity. Based on these variables, primordial follicles were classified as morphologically normal (follicles had a healthy spherical oocyte with uniform cytoplasm, and granulosa cells, well-organized in layers, without pycnotic nuclei, were observed surrounding the oocyte); Type 1 degenerate follicles (follicles had an oocyte that was sometimes retracted, with a pycnotic nucleus and well-

organized granulosa cells without pycnotic nucleus) or Type 2 degenerate follicles

(degeneration of both oocyte and granulosa cells; follicles had a retracted oocyte, with or without a pycnotic nucleus, and disorganized low-density, swollen granulosa cells) (Fig. 2).



Fig. 2. Histological section of a sheep ovarian fragment, showing normal (A), degenerate Type 1 (B), degenerate Type 2 (C) primordial follicles. GC: granulosa cells, Nu: oocyte nucleus. PAS-hematoxilin stained (400×).

2.5. Transmission electron microscopy

To better evaluate follicular morphology, ultrastructural analysis was performed on primordial follicles from the control treatment, as well as on treatments that did not differ from control. Only primordial follicles classified as morphologically normal in semi-thin sections were evaluated. Briefly, small pieces of ovarian cortex were fixed in a solution containing 2% paraformaldehyde and 2.5% glutaraldehyde in 0.1 M sodium cacodylate buffer (pH 7.2). After fixation, specimens were rinsed in buffer and post-fixed in 1% osmium tetroxide, 0.8% potassium ferricyanide and 5 mM CaCl2 in 0.1 M sodium cacodylate buffer. Subsequently, samples were dehydrated in acetone and embedded in Spurr's epoxy resin. Thin sections (80 nm) were prepared when the oocyte nucleus was present in the semi-thin sections. Semi-thin sections (3 μ m) were stained with toluidine blue, while thin sections were contrasted with uranyl acetate and lead citrate, and examined using a Jeol 100 C (Jeol, Tokyo, Japan) transmission electron microscope.

2.6. Statistical analysis

The GLM procedure of the SAS (SAS, Inc., Cary, NC, USA) was used for the analysis of variance (ANOVA) of data. The factors used in the model for analysis of normal and degenerate primordial follicles included medium (0.9% saline solution, TCM), temperature (4, 20 or 39 °C), incubation time (2, 4, 12, or 24 h) and interactions. Differences between the control and other treatments were performed by Fisher's PLSD-test. Before statistical analysis, frequency of follicular types was transformed to arcsin. Values were considered statistically significant when P<0.05.

3. Results

3.1. Storage of sheep primordial follicles in situ in 0.9% saline solution or in TCM 199

A total of 3638 primordial follicles were examined histologically. The number of follicles ranged from 115 to 152 in each treatment. There was an effect of medium (P<0.05), temperature (P<0.01) and incubation time (P<0.01), as well as an interaction between temperature and incubation time (P<0.01).

The effect of temperature and storage time on the percentage of morphologically normal primordial follides (MNPF) stored in 0.9% saline solution or in TCM 199 is shown in Fig. 3. The percentage of normal follicles stored in 0.9% saline solution at 4 °C for up to 24 h, at 20 °C for 12 h and at 39 °C for 2 h was similar (P>0.01) to control (time zero). A decrease (P<0.01) in the number of MNPF was observed when primordial follicles were stored in saline solution at 20 °C for 24 h and at 39 °C for 4, 12 or 24 h when compared to control. Similar results were obtained when TCM 199 was used, except for the treatment in which the ovarian fragment was stored at 20 °C for 24 h; in this treatment, the percentage of MNPF was similar (P>0.01) to control.



Fig. 3. Effect of temperature and storage time on the percentage of morphologically normal primordial follicles preserved in saline solution 0.9% and in TCM 199. (*) Differ from control (P<0.01); (a, b, c) different letters at the same preservation temperature differ (P<0.01); (A, B, C) different letters in the same preservation period differ (P<0.01); (D, E) different letters among the solution in the same preservation period and temperature differ (P<0.05).

The effect of incubation time within each temperature was analyzed, separately, in each solution. At 4 °C the percentage of MNPF was not affected by the incubation time, in both solutions. Similar results were obtained in fragments preserved in TCM 199 at 20 °C. However, in the fragments stored at 20 °C in 0.9% saline solution, there was a decrease (P<0.01) in the percentage of MNPF when stored for 24 h compared to 2, 4 or 12 h. A decrease (P<0.01) in the number of MNPF occurred with the increase of incubation time from 2 to 4 h, 12 and 24 h, in both solutions at 39 °C.

With respect to the effect of temperature for the same period of incubation, there was a decrease (P<0.01) in the percentage of MNPF in both solutions at all incubation periods tested when the fragments were stored at 39 °C, when compared to 4 and 20 °C. However, fragments stored for 2 h at 39 °C did similar follicular viability when compared with storage at 4 and 20 °C.

The comparison between 0.9% saline solution and TCM 199 at the same temperature and incubation period showed that the percentage of MNPF at 4 °C in all incubation periods tested was not different (P>0.05). However, a higher (P<0.05) percentage of MNPF was observed in TCM 199 at 20 °C for 24 h and at 39 °C for 12 h.

3.2. Distribution of follicular degeneration types in control and other treatments

Fig. 4 shows the distribution of Types 1 and 2 degenerate primordial follicles, in control and after storage in the different treatments, in 0.9% saline solution (Fig. 4a) and in TCM 199 (Fig. 4b). A predominance (P<0.01) of degenerate Type 1 follicles was observed in control and

after storage in 0.9% saline solution at 4 °C for 4, 12 and 24 h, at 20 °C for 12 h, and in TCM 199 at 4 °C for 12 h and at 20 °C for 2 and 4 h. In contrast, an increase (P<0.01) of degenerate Type 2 follicles was observed after storage in both solutions at 39 °C at all incubation times, except in the fragments stored in saline solution 0.9% for 2 h. Compared to control, a higher (P<0.01) percentage of Type 1 degenerate follicles was observed in 0.9% saline solution at 4 and 20 °C for 12 and 24 h and at 39 °C for 4 h. A greater (P<0.01) percentage of degenerate Type 2 follicles compared to control was observed in follicles preserved in 0.9% saline solution at 4 °C for 2 and 24 h, at 20 °C for 2, 4 and 24 h, at 39 °C for 4, 12 and 24 h, and in TCM 199 at 20 °C for 24 h and at 39 °C at all incubation periods.



Fig. 4. Percentage distribution of Type 1 (Deg 1) and Type 2 (Deg 2) degenerate primordial follicles from control and after conservation in different treatments, in 0.9% saline solution (a) and in TCM 199 (b). (*) Difference (P<0.01) in degeneration types within each treatment; (a, b) different letters indicate difference (P<0.01) in the percentage of Type 1 degenerate follicles found in different treatments and control; (c, d, e) different letters indicate difference (P<0.01) in the treatments and control.

3.3. Ultrastructural analysis of sheep primordial follicles in control and after preservation

On average, eight primordial follicles per treatment were evaluated by ultrastructural analysis. Normal primordial follicles exhibited a highly variable number of vesicles spread throughout the ooplasm. The cytoplasm also contained numerous large pleiomorphic mitochondria, with irregular cristae and continuous mitochondrial membranes, including elongated forms with parallel cristae. Well-developed Golgi complexes were observed. Both smooth and rough endoplasmic reticulum were present, either as isolated aggregations or as complex associations with mitochondria and vesicles. In normal primordial follicles, there were sometimes a few microvilli and, occasionally, small amounts of zona pellucida material were visible, depending on the plane of section. Granulosa cells had irregularly-shaped nuclei, with a high nucleus-to-cytoplasm ratio. The cytoplasm contained a great number of mitochondria and well-developed rough endoplasmic reticulum. These features were observed in primordial follicles from control group (Fig. 5), as well as in follicles preserved in 0.9% saline solution and in TCM 199 at 4 °C for up to 24 h (Fig. 6), at 20 °C for up to 12 h (Fig. 7), and at 39 °C for up to 2 h (Fig. 8; control).



Fig. 5. Electron micrograph of a follicle from control group. GC: granulosa cells, Nu: oocyte nucleus, m: mitochondria, ser: smooth endoplasmic reticulum, v: vesicles. (3700×).



Fig. 6. Electron micrograph of a follicle preserved in 0.9% saline solution at 4 °C for 24 h. GC: granulosa cells, Nu: oocyte nucleus, m: mitochondria, v: vesicles (3700×).



Fig. 7. Electron micrograph of a follicle preserved in 0.9% saline solution at 20 °C for 12 h. GC: granulosa cells, Nu: oocyte nucleus, m: mitochondria, v: vesicles (3700×).



Fig. 8. Electron micrograph of a follicle preserved in TCM 199 at 39 °C for 2 h. GC: granulosa cells, Nu: oocyte nucleus, m: mitochondria, ser: smooth endoplasmic reticulum, v: vesicles (3700×).

When stored in TCM 199 at 20 °C for 24 h, follicles seemed to be well preserved in semi-thin sections stained with toluidine blue, however, transmission electron microscopy revealed some discreet changes in their ultrastructure (Fig. 9). In primordial follicles, oocytes had signs of degeneration before the primitive granulosa cells. The ooplasm of these follicles was extremely vacated, with the vacuoles often fusing to produce a greater vacated area. In addition, initial signs of damage to mitochondrial membranes and cristae were observed. Granulosa cells were slightly swollen, with a low density of organelles present in their cytoplasm. Some granulosa cells disappeared, leaving a vacated space. The follicles contained a retracted oocyte and substantial irregularity of the follicular, oocyte and nuclear outlines (Fig. 9). However, ultrastructural analysis of primordial follicles stored in TCM 199 at 20 °C for up to 12 h confirmed the integrity of the oocyte, the granulosa cells, and the basement membrane (Fig. 10), consistent with the results obtained histologically.



Fig. 9. Electron micrograph of a follicle preserved in TCM 199 at 20 °C for 24 h. Note the degenerate appearance of the oocyte and granulosa cells. O: oocyte, GC: granulosa cells (4600x).



Fig. 10. Electron micrograph of a follicle preserved in TCM 199 at 20 °C for 12 h. GC: granulosa cells, Nu: oocyte nucleus, m: mitochondria, v: vesicles (4600×).

4. Discussion

In the present study, the storage of ovarian fragments in 0.9% saline solution and in TCM 199 at 4 °C sustained the number of morphologically normal primordial follicles compared to control (time zero). In contrast, preservation in either media at 20 or 39 °C, depending on the incubation period, increased the degeneration rate of sheep primordial follicles in vitro.

Preservation of ovarian fragments at 4 °C for up to 24 h, in either solution, maintained the percentage of normal primordial follicles similar to that found in control. Although studies available did not specifically evaluate the effect of media and temperature on the preservation of primordial follicles (they usually considered all classes of preantral follicles together), they demonstrated that a temperature of 4 °C has been successfully used in the follicular preservation for 24 h in solutions poor (saline [12] and [15]) and rich (TCM 199 [17]) in nutrients or hyperosmotic (Braun–Collins solution [18]). Therefore, at 4 °C the composition of the medium is not a limiting factor. In addition, Wood et al. [19] successfully preserved domestic cat ovarian follicles at 4 °C for 48 h. Moreover, Jewgenow et al. [6] cooled isolated feline preantral follicles at 4 °C without decreasing the percentage of healthy follicles. Roy and Treacy [20] observed that a lower metabolic rate at low temperatures may be beneficial for maintaining viable human preantral follicles in vitro after isolation; preservation at low temperatures (4 °C) can minimize metabolic requirements and increase follicular resistance to reduced nutrients and oxygen. Pickering et al. [21] showed that the meiotic spindle of oocytes was temperature-sensitive during cooling. However, the quality of primordial follicles was not evaluated. Oocytes enclosed in primordial follicles may be less susceptible to microtubular disruptions, because most of the microtubular systems remain unorganized, and the chromatin is in a condensed form protected by the nuclear membrane [22]. In spite of the good results obtained in this study (as well as in others) in preservation of primordial follicles at 4 °C, it is unknown if the temperature reduction could affect the culture of primordial follicles in vitro.

In the present study, when primordial follicles were stored at 20 °C for 12 and 24 h in 0.9% saline solution and in TCM 199, respectively, and at 39 °C for 2 h in both solutions, the percentage of normal primordial follicles was not significantly different from control. Similar results were observed with the preservation of preantral follicles (without specific follicular type) at 20 and 39 °C for 12 and 24 h in 0.9% saline solution (goat [12]; sheep [15]), TCM 199 (goat [16]; sheep [17]) as well as in Braun–Collins or coconut water solution (goat [18]; sheep [23]). Therefore, in a medium rich or poor in nutrients, substantial degeneration was observed.

The increase of cellular metabolism at the upper limit of temperature (39 °C) or close to it (20 °C) and oxygen consumption could have caused depletion of intracellular energy sources, followed by consumption of the nutrients and oxygen available in the preservation medium, resulting in the higher degeneration rates found in these treatments. It is important to note that in all studies performed with the preservation of goat and sheep preantral follicles, a high rate of follicular degeneration was observed after storage at 39 °C for all incubation periods. On the other hand, the best results obtained in our study with preservation at 39 °C (normal metabolism) may be due to the short incubation period (2 h). Smitz et al. [24] reported that preantral follicles are able to survive for a short interval under oxygen deficiency, and that glycolysis can sustain follicle viability for a limited interval.

In this study, TCM 199 was more effective than 0.9% saline solution in the preservation of sheep primordial follicles at 20 °C for up to 24 h. The primordial follicles had two nutrient sources, endogenous stores and nutrients from the preservation medium. Although these follicles were small, quiescent and had a low metabolic rate, they were also sensitive to adverse conditions in vitro, such as deficiences of oxygen and nutrients. We infer that at 4 °C (for all storage periods) and at 20 °C (for up to 12 h), sheep primordial follicles were able to survive on their own energetic sources, since both media had similar efficacy for follicle preservation. However, with increasing storage time and temperature, the composition of the medium became an important factor in the maintenance of follicular viability. The better results observed at higher temperatures and longer storage periods using TCM 199 were probably due to the nutrient composition of this medium, which is rich in inorganic salts, glucose, vitamins and amino acids [25]. This effect has already been demonstrated in the preservation of sheep preantral follicles (all classes taken together), where normal follicles were found after storage at 20 °C in 0.9% saline solution and in TCM 199 for up to 4 and 12 h, respectively, suggesting that the TCM 199 is an effective medium for preserving preantral follicles for longer periods [17]. In contrast to our results, Ferreira et al. [16] observed that preservation of goat preantral follicles in TCM 199 at 20 °C increased the percentage of degenerated follicles. However, comparisons between our study results and those of other studies are tenuous due to species differences, variation in types of follicles included in the final analysis and different experimental conditions.

Regarding the type of degeneration present in primordial follicles, histological analysis showed that in control as well as in fragments stored at 4 and 20 °C, the most common type of degeneration was Type 1 (only in the oocyte). Similar results were also observed with fresh (cow [1]; rat [26]; goat [14] and [27]; sheep [28]) and stored preantral follicles at 4 °C (cat [19]; goat [11], [16] and [18]; sheep [15]) as well as in cultured bovine preantral follicles [29] and

[30]. According to Jorio et al. [28], degeneration of oocytes is the mode of atresia most frequently observed in preantral follicles. Silva et al. [11] reported that the oocyte of goat primordial follicles were more sensitive to degeneration than granulosa cells. Moreover, limited morphological evidence of biosynthetic activity in the granulosa cells of primordial follicles makes these cells less sensitive to degeneration [31]. In contrast, in treatments where the ovarian fragments were preserved at 39 °C, the most common type of degeneration was Type 2, where in addition to oocyte degeneration, the granulosa cells were disorganized and enlarged in volume. Similar results were observed by Silva et al. [18] in the preservation of goat preantral follicles in Braun–Collins and coconut water solutions at 39 °C for up to 24 h. Granulosa cell pycnosis was commonly found in follicles preserved for more than 48 h [19] and may be used as the first histological indicator of atresia in antral follicles [32] and [33]. Barros et al. [34] suggested that the exposure of cells to a death signal, such as hypoxia, increased the influx of Na+ to the cytosol, which activated the Na/K ATPase, resulting in expenditure of ATP, cell swelling and consequently cellular degeneration. Another study has demonstrated that metabolic depletion in glial cells under chemical anoxia is followed by cell swelling [35].

In the present study, primordial follicles preserved in 0.9% saline solution at 4 °C for up to 24 h were ultrastructurally normal. In contrast, Carvalho et al. [12] reported that goat preantral follicles could be stored in 0.9% saline solution at 4 °C for only up to 12 h. These results suggest that sheep primordial follicles are more resistant to preservation conditions than goat follicles. Primordial follicles stored in TCM 199 at 20 °C for 24 h were histologically normal, but on ultrastructural analysis exhibited an ooplasm that was extremely vacated. Some authors have emphasized that normal sheep oocytes contain a great number of vacuoles [36] and [37], but in oocytes showing signs of degeneration, they become progressively more numerous [37]. Cytoplasmic vacuoles are also a characteristic sign of degeneration in granulosa [38] and cumulus cells [39] during degeneration in vivo and may represent endoplasmic reticulum swelling [37]. On the other hand, these vacuoles may be altered mitochondria, as observed by Fuku et al. [40] in cryopreserved bovine oocytes. The initial signs of damage to the mitochondria were probably induced by preservation. Silva et al. [11] reported that mitochondria with extensive swelling and disappearance of their cristae, as well as endoplasmic reticulum with increased volume, were the first signs of degeneration in goat preantral follicles. In contrast, the transmission electron microscopy analysis of the primordial follicles stored in TCM 199 at 20 °C for 12 h revealed the ultrastructural integrity of these follicles.

In conclusion, sheep primordial follicles were stored successfully in 0.9% saline solution or in TCM 199 at 4 °C for up to 24 h, at 20 °C for up to 12 h and at 39 °C for up to 2 h. These

results should be beneficial to the culture of primordial follicles in vitro, which are performed at temperatures close to 39 °C, due to the maintenance of follicular quality at 39 °C (physiological temperature) during ovary transportation to the laboratories (approximately 2 h).

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